

Narcan Overdose Prevention Education



Factors that Increase the Risk of an Opioid Overdose

1. If a person has overdosed before, they are at a 29 times greater risk of overdosing again
2. Mixing drugs:
 - a. Benzodiazepines
 - b. Stimulants
 - c. Alcohol
 - d. Other drugs. Ex: muscle relaxants
3. Tolerance:
 - a. Using more as tolerance builds up
 - b. A person has a period of abstinence and then he or she resumes using at the same/similar amount that they were using before they stopped using
4. Quality:
 - a. Unregulated drugs
 - b. Not familiar with medications
5. Quality of health:
 - a. Respiratory concerns
 - b. Any problems with the liver, kidneys or heart
6. Using alone