

# Macomb County Resources – Help Sheet

Information researched and compiled by the  
Clinton Counseling Center -Jail Program  
(586) 307-9570

Inclusion in this list does not indicate a recommendation or an endorsement. Be advised that the availability of programs/services listed in this guide may change over time; it is suggested that you call or visit the websites listed to confirm availability and/or eligibility for services.

Please note: TF = Toll Free; V = Voice; TTY = Teletypewriter Phone (hearing impaired)

<b>¾ Houses/Recovery Houses</b> (Call the home you are interested in for information on qualifying and costs.)
<b>Alpha Recovery Homes:</b> Eastpointe, MI Eddie Ahee (313) 477-5604 email: <a href="mailto:etahee3@yahoo.com">etahee3@yahoo.com</a> Steve Lawrence (586) 563-0938 email: <a href="mailto:alpharecoveryhomes@gmail.com">alpharecoveryhomes@gmail.com</a> <a href="https://alpharecoveryhomes.com/">https://alpharecoveryhomes.com/</a> Program for folks receiving medication assisted treatment (MAT). Hosts a MARA (Medication Assisted Recovery Anonymous) meeting in the home.
<b>Eastland House:</b> (586) 202-5241 Business address: 27110 Collingwood Roseville, MI 48066 Homes located in Roseville
<b>Else &amp; Willard ¾ Living:</b> (586) 563-3575 Multiple home locations.
<b>Hollywood Recovery Homes:</b> 21610 Harper St. Clair Shores, MI 48081 (586)-298-4204
<b>Grace Recovery House:</b> (586) 202-6550 Home in Roseville Accredited through Macomb County office of substance-abuse and Michigan Association of Recovery residence. It is structured living with daily breathalyzers and random drug test.
<b>Live Rite Properties, LLC:</b> Business address: 8889 Anchor Bay Drive Clay Twp, MI 48001 (586) 217-5899 (Office) Website: <a href="http://www.liveritestructuredcorp.com">www.liveritestructuredcorp.com</a> Multiple home locations, see website for information on program and how to apply.
<b>Outstretched Arms:</b> 17525 E. Ten Mile Road Roseville, MI 48066 (248) 224-0824 Rev. Toni-Brooke Brown <a href="http://www.Outstretched-Arms.net">www.Outstretched-Arms.net</a>

A Christian residential and non-residential discipleship program for women only.

**Peake Recovery:**

(586) 838-9756

Homes in Roseville

**Apps**

**(Go to your cell providers store to look up the apps & get more information)**

**Antistress:**

Provides a variety of games designed to provide relaxation, diversion, or distraction. **This app is free, but some games may have a price.**

**Calm:**

Assists with sleep, relaxation, and meditation. **There are both free and paid versions of this app.**

**Connections App by Chess Health:**

Use the app to track sobriety, message trained counselors, receive clinical support and more.

Individuals need to request an access key/login at [www.addictionpolicy.org/connections-app](http://www.addictionpolicy.org/connections-app)

**This app is free.**

**I Am Sober App:**

Tracks sobriety & gives daily pledges to help users commit to staying sober and allows users to document daily activities. **This app is free.**

**Mindshift:**

Provides tools to help individuals learn to relax, develop helpful ways of thinking, and to identify specific steps to take to manage anxiety. **This app is free.**

**Nomo – Sobriety Clocks:**

Created by people in recovery, tracks the number of days the user has been sober, tracks money saved by being clean, and more. **This app is free.**

**Positive Activity Jackpot:**

Provides individuals with an array of different positive activities they could engage in to have clean sober fun. **This app is free.**

**PTSD Coach:**

Provides education about PTSD, information about professional care and links for help, self-assessment tools, and coping skills to manage daily stressors. **This app is free.**

**Self-Help Anxiety Management:**

Provides a symptom tracker, educational articles and links, relaxation techniques and additional coping skills for managing anxiety. **This app is free.**

**Sober Grid:**

Connects individuals in recovery, allows users to let others on the app know when they are tempted & need help and more. **This app is free.**

**Sober Time – Sobriety Counter:**

Focuses on preventing a person in recovery from relapsing, includes mindfulness training, 12 step practice, stress reduction techniques and more. **This app is free, but there may be in-app purchases.**

**Sober Tool:**

Helps individuals in recovery track sober days, see how money has been saved, shares progress and more.

**What's Up:**

Provides individuals with education, coping skills, and helpful websites that are rooted in CBT and ACT methods to help individuals cope with a multitude of mental health concerns. **This app is free, but there may be in-app purchases.**

### **Clothing, Household – Secondhand Stores**

**(This is not a complete list; call or go online for information & hours)**

**Community Thrift Store:**

37545 S. Gratiot Ave  
Clinton Twp., MI 48036  
(586) 468-6276  
[www.redwhiteandbluethriftstore.com/clinton-township-mi](http://www.redwhiteandbluethriftstore.com/clinton-township-mi)

**Grace Centers of Hope Thrift Store:**

2 locations:  
43584 Van Dyke  
Sterling Heights, MI 48314  
(586) 997-9942

26740 Dequindre Rd  
Warren, MI 48091-3939  
(586) 582-9334

**Java Junk Coffee Shop & Resale Store**

37661 S. Gratiot Avenue  
Clinton Twp., MI 48036  
(586) 231-5203  
[www.javajunkllc.com](http://www.javajunkllc.com)

**Live Rite Resale Shop - Rooms of Resource Center:**

27700 Gratiot Ave  
Roseville, MI 48066  
(586) 217-5899  
[www.liveritestructuredcorp.com/resources](http://www.liveritestructuredcorp.com/resources)

**Second Hand Rose Resale Shop:**

158 S. Main Street  
Mount Clemens, MI 48043  
(586) 468- 3083  
[www.turningpointmacomb.org/resale](http://www.turningpointmacomb.org/resale)

**Second Glance**

2 Macomb County Locations  
31252 Harper Ave  
St Clair Shores, MI 48082  
(586) 294-5151

18859 E. 9 Mile  
Eastpointe, MI 48021  
(586) 498-5151

<http://secondglanceresaleshop.com/>

**Value World:**

33955 Gratiot Avenue

Saint Clair Shores, MI 48035  
(734) 728-4610

## Education Programs

### **Clintondale Adult Education:**

22280 E. Price Drive  
Clinton Twp., MI 48035  
(586) 790-2756  
No website available

### **Community Education Center:**

19230 Cass Avenue  
Clinton Twp., MI 48038  
(586) 723-2050  
[www.chippewavalleyschools.org/schools.high-schools/mhs](http://www.chippewavalleyschools.org/schools.high-schools/mhs)

### **DiAnne M. Pellerin Center:**

24001 Frederick Pankow Blvd  
Clinton Twp., MI 48036  
(586) 783-6420  
[www.lc-ps.org/schools/hs/pellerin-center/](http://www.lc-ps.org/schools/hs/pellerin-center/)

### **Lake Shore Public Schools Macomb:**

23055 Masonic Blvd  
St. Clair Shores, MI 48082  
(586) 285-8880  
<http://www.lakeshoreschools.org/>

### **L'Anse Creuse Public Schools**

Macomb County Jail: 43565 Elizabeth St.  
Mt. Clemens, MI 48043  
(586) 783-6300

### **Macomb Community College Workforce & Continuing Education:**

44001 Garfield Road  
Clinton Twp., MI 48038  
(586) 622-6621  
[www.macomb.edu](http://www.macomb.edu)

### **Utica Community Schools**

38901 Dodge Park, Sterling Heights, MI 48313  
586-797-6900  
[www.http://ucsccommunityeducation.org/adult\\_ed](http://www.http://ucsccommunityeducation.org/adult_ed)

### **Warren Consolidated School Flynn Educational Center:**

8655 Irving Road  
Sterling Heights, MI 48312  
(586) 825-2400  
<http://www.wcs.k12.mi.us>

### **Warren Woods Adult and Community Education:**

12900 Frazho Road  
Warren, MI 48089  
(586) 439-4408  
[www.warrenwoods.misd.net/our-schools/adultcommunity-education/](http://www.warrenwoods.misd.net/our-schools/adultcommunity-education/)

## **Federal Bonding Program**

(877) US2-JOBS (877-872-5627)

[www.bonds4jobs.com](http://www.bonds4jobs.com)

A program established by the U.S. Department of Labor to provide bonds for job seekers, the bonds cover the first six months of employment and are no cost to the potential worker or employer. Call or go online for more information.

## **Food Assistance Programs**

**(This is not a complete list; call or go online for information & hours)**

### **Grace Episcopal Church:**

115 South Main St.  
Mount Clemens, MI 48043  
(586) 465-3887

[www.gracechurchmtclemens.org](http://www.gracechurchmtclemens.org)

Food pantry, soup kitchen, & community supper. See website for information including days & times

### **Hope United Church of Christ:**

35127 Garfield Rd.  
Clinton Twp., MI 48035  
(586) 296-8760

[www.hopeuccmi.com](http://www.hopeuccmi.com)

Food Pantry serving Macomb County residents. Open the 2<sup>nd</sup> Saturday of each month from 10:00 am – 12:00 pm to Macomb County residents only.

### **Salvation Army Soup Kitchen & Drop-In Center:**

55 Church Street  
Mount Clemens, MI 48043  
(586) 469-6712

[www.salmich.org](http://www.salmich.org)

Community meals and food pantry available. Call for more information including eligibility.

### **St. Mary Mystical Rose Church:**

24040 Armada Ridge Rd  
Armada, Michigan 48005  
(586) 784-5966

The church offers food distribution every other Monday from 5:30 pm – 6:00 pm. Call ahead to be sure there is a distribution that week. Also, appointments are not required but are recommended since having an appointment may give a larger pick-up time frame on those Mondays beginning at 4:00 pm.

### **St. Paul of Tarsus Catholic Parish:**

41300 Romeo Plank Road  
Clinton Twp., MI 48038  
(586) 228-1094

[www.spotcatholic.org/food-pantry](http://www.spotcatholic.org/food-pantry)

A drive-thru food pantry, enter the north side of the parking lot, follow the signs, and stay in your car. Call for hours and information.

## Housing Programs – Macomb County

### Community Housing Network:

Macomb Office

196 N. Rose Street, Suite 30

Mount Clemens, MI 48043

(586) 221-5900

Homeless prevention, housing assistance & other programs provided. Call for information and locations

### Macomb County - Habitat for Humanity:

Administrative Office

25 North Main Street

Mount Clemens, MI 48043

(586) 263-1540

[www.macombhabitat.org](http://www.macombhabitat.org)

### Habitat for Humanity:

Helpline: (800) 422-4828 (TF)

[www.habitat.org](http://www.habitat.org)

Housing program allowing participants to help build their homes along with volunteers & to pay an affordable mortgage. Call for a local affiliate, or for information on housing or volunteer opportunities.

## Human Trafficking Programs – National Hotline

### National Human Trafficking Resource Center:

(888) 373-7888 (TF)

TTY: 711

For text: BeFree (233733)

## LGBTQIA+ Services

### PFLAG Clinton Township:

Hope United Church of Christ

35127 Garfield Road

Clinton Township, MI 48035

[www.pflagct.org](http://www.pflagct.org)

A nationwide organization for improving equality and society's acceptance of LGBT individuals. Everyone welcome parents, families, friends, straight allies; work with people who are lesbians, gay, bisexual, and transgender.

### Transgender Michigan Helpline:

(855) 348-TGMI (TF) (855-345-8464)

A helpline offering another transgender person to talk to when you need to talk.

## Low-Cost Medical Services

### Macomb County Health Department:

Central Health Center

43525 Elizabeth Road  
Mount Clemens, MI 48043  
(586) 469-5235  
[www.health.macombgov.org](http://www.health.macombgov.org)

Go online for locations and services available.

**For STD & HIV Testing**

(586) 465-8434

**For Immunizations:**

Central Health Center  
43525 Elizabeth Road  
Mount Clemens, MI 48043  
(586) 469-5372

Southwest Health Center  
27690 Van Dyke, Suite B  
Warren, MI 48093  
(586) 465-8537

Southeast Health Center  
25401 Harper  
St. Clair Shores, MI 48081  
(586) 466-6800

**MyCare:**

Center Line  
6900 E. 10 Mile Road  
Center Line, MI 48015  
(586) 756-7777 (medical)  
(586) 467-0980 (dental)  
(586) 619-9986 (administration)

Mount Clemens  
18 Market Street, Suite C  
Mount Clemens, MI 48043  
(586) 783-2222

Clinton Township  
43740 North Groesbeck Hwy  
Clinton Twp., MI 48036  
(586) 493-0961

[www.mycarehealthcenter.org](http://www.mycarehealthcenter.org)

Provides routine care, dental, addiction help and behavioral services. Go online for information and hours.

**Neighbors Caring for Neighbors:**

15420 19 Mile Road, Suite 200  
Clinton Twp., MI 48038  
(586) 649-6105

Call for hours and to make an appointment. Walk-in only accepted for urgent problems. Free basic medical care for low-income Macomb County residents & patients of Henry Ford Macomb Hospitals who have no health insurance and a household income less than \$30,000.

**Trinity Community Care:**

47511 Van Dyke (between 21- and 22-Mile Road)  
Shelby Twp., MI 48317  
(586) 649-3014  
[www.trinitycommunitycare.org](http://www.trinitycommunitycare.org)  
Free medical & dental care for those who need it.

### **Narcan Trainings**

#### **Narcan & Addiction Education & Narcan Basics**

Provided by the Clinton Counseling Center – Jail Program, sessions are held via Zoom  
(586) 307-9570  
[www.ccjailprogram.org](http://www.ccjailprogram.org)

Free classes for anyone who is concerned about a loved one's use of pain medication or heroin. Learn more about addiction, medication storage/disposal & preventing overdose. Call for upcoming class dates.

#### **NOPE-Narcan Overdose Prevention Education:**

Provided by the Clinton Counseling Center – Jail Program, sessions are held via Zoom  
(586) 307-9463  
[www.ccjailprogram.org](http://www.ccjailprogram.org)

Free Narcan & overdose prevention training for any Macomb County business or community group. Call to schedule a training.

#### **Care of S.E. Michigan Recovery United Center:**

32577 Garfield Rd.,  
Fraser, MI 48026  
Contact: Mark Kilgore  
(586) 224 -1114  
[www.careofsem.com](http://www.careofsem.com)

Offering Narcan trainings including drive-up trainings, and providing free kits, call for more information or to schedule a training.

### **Parenting Assistance Programs (Call or go online for information)**

#### **Care of SE Michigan:**

Main Office  
31900 Utica Road  
Fraser, MI 48026  
(586) 541-CARE  
Call or go online for program information

#### **The Right Connection in Macomb County:**

[www.connection.misd.net/parenting](http://www.connection.misd.net/parenting)  
Go online for more information

### **Peer Recovery Coaches**

#### **Care of SE Michigan/Recovery United Center:**

Main Office  
31900 Utica Road  
Fraser, MI 48026



(586) 541-CARE  
Paul Sarris  
Director of Peer Services  
[psarris@careofsem.com](mailto:psarris@careofsem.com)  
586-552-1120-ex402

Call or go online for program information, and how to qualify.

### **Social Assistance Programs**

#### **MDHHS – Michigan Department of Health and Human Services**

Mt. Clemens District  
44777 N. Gratiot Ave.  
Ste. A  
Clinton Township, MI 48036  
586-469-7700

Sterling Heights District  
41227 Mound Road  
Ste. A  
Sterling Heights, MI 48314  
(586) 254-1500

Warren District  
13041 E 10 Mile Road  
Warren, MI 48089  
586-427-0600

Services Include: Food assistance, cash assistance, medical assistance, home & burial assistance, MI Rehabilitation services, adult & children's services, family & community services, Native American services, refugee assistance, migrant services, juvenile justice, & referrals to other services.

#### **MCA-Macomb Community Action:**

(586) 469-5222 (for general questions)  
For assistance contact the Community Action Center near you:

Central Action Center  
196 N. Rose Street  
Mount Clemens, MI 48043  
(586) 469-6964

South Action Center  
11370 Hupp Avenue  
Warren, MI 48089  
(586) 759-9150

Service Include:  
Utility/water bill assistance  
Rent/mortgage assistance

Supplemental Food Program registration  
Rides to medical appointments  
Weatherization Program registration  
Tax preparation

### Transportation

**Dial-a-Ride:**

(586) 469-7433

[www.cityofmountclemens.com/dialaride](http://www.cityofmountclemens.com/dialaride)

Limited to Mount Clemens area & directly adjoining portions of Clinton Township. Call or go online for routes & schedule information

### Treatment Programs

(Call Access Center at (855) 996-2264 to see if you qualify for treatment payment assistance)

**Associated Clinicians of Michigan LLC:**

30521 Schoenherr Road #200A

Warren, MI 48088

(586) 275-7308

<http://www.acomichigan.com/>

**Clinton Counseling Center:**

2 Crocker Blvd #101

Mt. Clemens, MI 48043

(586) 468-2266

[www.clintoncounseling.org](http://www.clintoncounseling.org)

**Harbor Light:**

42590 Stepnitz Dr.

Clinton Twp., MI 48036

(586) 954-1838

<http://www.mhweb.org/macomb/salvation.htm>

**Macomb Family Services:**

124 W. Gates St #103

Bruce Township, MI 48065

(586) 752-9696

<https://macombfamily.org/>

**Sacred Heart Rehabilitation Center Adult Residential & Clearview Campus:**

400 Stoddard Rd

Richmond, MI 48062

(810) 392-2167

<http://www.sacredheartcenter.com/index.html>

**Sacred Heart Rehabilitation Center St. Clair Shores Outpatient Recovery & Wellness Services:**

19611 E. 8 Mile Road

St. Clair Shores, MI 48080

(586) 541-9550

<http://www.sacredheartcenter.com/index.html>

**Shar Macomb:**

6902 Chicago Road  
Warren, MI 48092  
(586) 983-2670  
[www.sharinc.org](http://www.sharinc.org)

**Veteran's Services****Macomb County Veteran's Services:**

VerKuilen Building  
21885 Dunham Road, Suite 3  
Clinton Township, MI 48036  
(586) 469-5315  
[www.vet.macombgov.org](http://www.vet.macombgov.org)

Services include assistance applying for VA benefits, healthcare benefits, referrals to other veteran's services, such as housing & social assistance & more. Call or go online for more information.

**Vets Returning Home:**

17955 E Eleven Mile Road  
Roseville, MI 48066  
(586) 285-5606  
[www.vetsreturninghome.org](http://www.vetsreturninghome.org)

Provides a stable, sober living environment to veterans in crisis. Onsite services include employment readiness training, help with job placement, assistance with disability benefits. Legal support & life skills training.

**Veteran's Support Center:**

Vietnam Veterans of America Chapter 154  
18025 E. 15 Mile Road  
Clinton Township, MI 48035  
(586) 776-9810  
[www.vva154.com](http://www.vva154.com)

Assists ALL veterans. Services include assistance with filing claims with the VA, food pantry, honor guard, working to bring POW/MIAs home, education, mentors for Veteran's Court participants, AA/AL-Anon, & more, Call or go online for more information.